



HALOTHERAPY: Therapeutic treatment for lung and skin health using controlled concentrations of dry salt aerosol.

- * MICRON SIZED PARTICLES (1 to 10 micrometers) PENETRATE DEEP INTO THE AIRWAYS AND SKIN PORES.
- * ANTIBACTERIAL AND ANTI-INFLAMMATORY EFFECT. [1] [2]
- * SALT AEROSOL HAS A CONSIDERABLE LEVEL OF NEGATIVE CHARGE OF THE PARTICLES.
- * AMOUNT OF SODIUM FROM ONE SESSION RANGES 2 to 5 mg (0.003% DV), SHOULD NOT AFFECT BLOOD PRESSURE AND IS NOT INGESTED (RECOMMENDED DAILY VALUE IS 1,500 to 2,300 mg).

CLINICAL STUDIES HAVE SHOWN THESE BENEFITS:

LUNGS

IMPROVES LUNG FUNCTION AND INCREASES OPENING OF THE AIRWAYS [3] [10]

- * Reduction in mucosal swelling
- * Higher lung air flow results demonstrated

LUNG CILIA STIMULATED TO HELP MOVE MUCUS OUT

- * Increases the ability to clear mucus due to high osmosis of salt on the airway surface [4]
- * Inhalation of increased salt solution concentrations recommended for Cystic Fibrosis to improve mucous clearance [5]

BENEFICIAL EFFECT ON ACTIVITY OF IMMUNE RESPONSE [6]

- * Improves the action of foreign microbe elimination from the lungs

REDUCES REACTIVE AIRWAY RESPONSE IN ASTHMA [7]

SKIN

INCREASES ACTIVITY OF SKIN CELL FUNCTION AND ACTIVATES PHYSIOLOGIC ACTIVITY THAT HELPS THE SKIN'S PROTECTIVE PROPERTIES [2]

- * Recommended for treatment of atopic dermatitis [8]

SALT MICROCRYSTALS WITHIN SKIN AREA INCREASES EFFECTIVENESS OF VARIOUS CURATIVE AND COSMETOLOGICAL AGENTS [2]

MIND

STRONG NEGATIVE ION PROPERTIES HAVE ANTI-DEPRESSANT EFFECT [9]

- * Dry sodium chloride aerosol has a considerable negative charge of particles ranging from 6.0 to 10 nano Coulombs per cubic meter [6]
- * Depressed Patients Placed in Environment of High Density Negative Air Ions: Clinical evaluation performed according to accepted psychiatric evaluation techniques determined that there was a clinical remission of depressive and neurovegetative symptoms in a statistically significant number of patients. [9]

SALT THERAPY IS RECOMMENDED FOR

Respiratory Allergies

Bronchitis | Asthma

Bronchiectasis | COPD

Cystic Fibrosis | Sinusitis

Ear Infection | Tonsillitis

Acne

Dermatitis

Eczema

Psoriasis

Stress

Fatigue

Depression

Insomnia

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The Salt Studio | 1380 E. Walnut St, Pasadena, CA | 626-765-6180 | www.saltstudiopasadena.com